



When Rose meets Tobacco

A journey into the essence of man & woman

There are moments in life when something deeper calls out to us. A desire for clarity. For connection. For a true embodiment of who we really are as men or women.

This offer is an invitation to follow that call.

Based on Peruvian shamanism, we have translated the traditional plant diet from the Amazon into a form suitable for everyday use. In combination with intensive guidance on the topic of polarity, this has resulted in an offer with lasting depth and tangible effects.

The journey of men – with the master plant tobacco

Tobacco is one of the most misunderstood plants of our time. Abused in everyday life – healing in its origin.

Pure tobacco (*Nicotina rustica*) has incredible potency. Indispensable in South American shamanism as a master plant, it is more than just a tool. It is at the center of many healing rituals and cleansing ceremonies.

When used correctly, *Nicotina rustica* has three main qualities:

Cleansing: Clarification of the energy field, inside and out

Protection: Strengthening one's own energetic boundaries and keeping unwanted influences at bay

Amplification: Focus and power for clear intentions and manifestation

In conscious connection with tobacco, a man begins a return to his own masculine essence. What does it really mean to be a man?

This journey supports you in

- recognizing and transforming old wounds and imprints
- developing inner clarity, uprightness, and presence
- taking responsibility for your life and your impulses
- no longer suppressing your power, but also not abusing it

The tobacco has a dominant, clear, uncompromisingly honest effect. It invites you to stop avoiding and to truly be present.

The men journey for 5 weeks in a protected men's field, held by Alex.

The Women's Journey – with the Medicine of the Rose

The rose is an ancient teacher of the womb, connected to the heart. True, fragrant, and deeply transformative.

On this journey, she accompanies women home to their feminine essence. In immediacy, self-nurturing, eroticism, embodiment, and vulnerability.

The rose opens spaces for:

- Connection with one's own body
- Heart opening and emotional truth
- Self-love, dignity, and inner security
- A lived, nourished sexuality and authentic femininity

The women travel separately for a month, held and accompanied by Laura, in a clear, guided, and transformative women's space.

Travel separately – integrate together

This journey follows a conscious rhythm:

1. Opening ritual (together)

Men and women meet to open the shared field, set intentions, and clarify the framework.

2. One month of plant journey (separately)

Men and women go their separate ways, each with their own plant, in their own field, in deep self-encounter.

3. Closing ritual (together)

At the end, men and women come together again in a conscious ritual that enables integration, encounter, and a new quality of connection.

Who is this journey for?

- For singles and couples alike.
- For people who are ready to take an honest look at themselves.
- For people who see themselves as natural opposites in a relationship.
- For men who want to embody their strength.
- For women who want to nurture their femininity.
- For anyone seeking depth—not distraction.

Laura and Alex keep the shared space clear, present, and healthy, so that projections are recognized and returned to where they belong: to yourself.

This journey is not a consumer product. It is a commitment to yourself.

If the call has reached you, then come.

Men journey with tobacco (drops to ingest, working with smoke is optional),
women journey with the rose, and **in the end we meet again**.

Dates:

Sunday, April 12, 2026 Offline opening in Zurich (men and women together) 7:30 p.m.

Sunday, April 19, 2026 Online call (men and women separately) 8:00 p.m.

Saturday, April 25, 2026 Online call (women) 8:00 p.m.

Sunday, April 26, 2026 Offline in nature (men) during the day,

Sunday, May 3, 2026 Online call (men and women separately) 8:00 p.m.

Sunday, May 10, 2026 Online call (men and women separately) 8:00 p.m.

Sunday, May 17, 2026 Closing ritual offline in Zurich (man & woman together) 7:30 p.m.

Telegram support/exchange in between

Price: 888 CHF

Registration: info@lauracaputo.ch oder ayahuascaportal@gmail.com

About the hosts:

Laura

Laura has been accompanying people through profound transformation processes for almost twenty years, with a special focus on women and reconnecting with the feminine essence.

Her greatest strength lies in her extraordinary intuition: when meeting people, she quickly and accurately recognizes connections and articulates what needs to be seen, clearly, honestly, and always in service to the process.

Many women experience Laura as someone who “hits the nail on the head” and names things that others do not dare to address. This clarity, combined with her vast experience and embodiment of her teachings, creates trust and enables lasting change.

For over ten years, Laura has been learning and working with shamans in the Peruvian Amazon and brings extensive experience in opening and holding spaces for plant diets, ceremonies, and shamanic healing work.

Her work is structured, grounded, and at the same time deeply intuitive.

Her work is complemented by several years of experience as a tantra teacher and her passion for tantric sexuality and tantra yoga

Laura works professionally, confidently, and with a high degree of integrity, a quality that is repeatedly confirmed by the people she works with.



Alex

Alex has been involved with Peruvian shamanism for almost ten years and lived in the Amazon for several years. There he learned traditional healing and energy practices from various shamans and developed a particularly close connection to the master plant tobacco, with which he still works today.

His greatest strengths are his clarity and his keen sense of people.

Alex meets people where they are, with great empathy and presence. He recognizes inner patterns, thought structures, and unconscious dynamics and can clearly show why someone is where they are.

As a trained NLP trainer, Alex brings extensive experience in working with consciousness, perception, and inner processes. His guidance is complemented by trauma-informed approaches such as Compassionate Inquiry according to Gabor Maté.

In his work, Alex combines clarity with compassion and supports people in recognizing and dissolving self-imposed limitations.

Together with Laura, he practices tantra and energy work and holds a space that is safe, honest, and development-oriented.

